

What kind of



are you?

gymna.PRO

gymna[®]

gymna.PRO , what kind of PRO are you?

Are you more of a doer or a thinker?

Do you like arts or sports, or maybe both?

NO DOUBT, YOU ARE UNIQUE.

Except for that one thing you have
in common with fellow physical therapists,
your professionalism.

The gymna.PRO gives you the opportunity
to choose how to create your own unique treatment table.

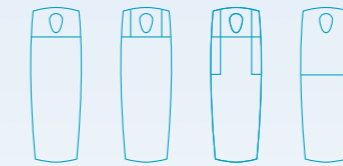
The choice is entirely yours.



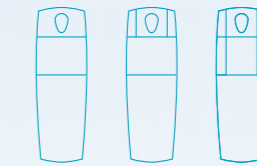
Your table. Your choice

10 possible configurations and even more options to
create the gymna.PRO that fits your taste and needs
best.

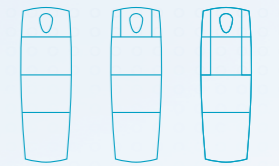
2-sections



3-sections



4-sections



THAT IS THE FLEXIBILITY GYMNA.PRO OFFERS YOU

gymna.PRO

Your table. Your choice



My gymna.PRO, freedom of choice and elegant design

I just opened a new Osteopathy practice and had the chance to create a professional and contemporary working environment.

For me, as an osteopath, my treatment table is the backbone of my practice.

It is important that I can work very closely to my patient. I mostly treat them in flat position and do not need any complex cushion adjustments.

A GOOD QUALITY 2-SECTION TABLE IS EXACTLY WHAT I NEED.

The moment I came across gymna.PRO I knew I had found what I needed. An elegant yet stable 2-section table with lateral supports that give me the possibility to work closely to my patients.

That is why I choose the gymna.PRO, elegant design, together with the freedom to choose whatever option I liked and needed.

“ My gymna.PRO is elegant, with just the options I need, sometimes less is really more”



This is how I configured my gymna.PRO

2-section models	D6		
	i-Control	Foot switch	Hydraulic
Features and options			
Linear cushion finish	●	●	●
Classic upholstery	●	●	●
Width 67 cm	●	●	●
Manual head section	●	●	●
→ “One-Click” arm supports incl. Ergomax	●	●	●
Lateral supports	●	●	●
Manual back section			
→ Safety switch	●	●	
Face opening incl Ergomax			
→ Wheels	○	○	○
Width 60 cm			
Width 77 cm			
→ Progressive cushion finish	○	○	○
→ Premium upholstery	○	○	○
Cushion heating	○	○	
→ Safe Motion Detection	○	○	
LED pack	○	○	
→ Memory	○	○	
Battery	○	○	

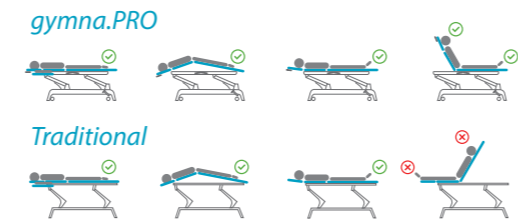


Versatility is key in our practice and gymna.PRO offers just that

In our group practice, with many different specialisations, it was a challenge to choose a treatment table that fits all of our needs.

Sports massage is a big part of my job and it is of crucial importance to have a treatment table that is stable. The gymna.PRO with its unmatched Gymna Stability Profile meets my needs exactly.

A big step forward for patients limited in mobility is Constant Patient Position, a new Gymna concept. The patient does not have to rotate during treatment in sitting, lying and kyphosis position, making it safer and easier for them and improving hygiene.



The safety aspect is very important in our practice. We have chosen "Safe Motion Detection", an automatic safety system designed to prevent people becoming trapped in the height adjustment mechanism of the table.

“ In my gymna.PRO I found the incomparable stability that I need for successful treatments **”**



This is how I configured my gymna.PRO

3-section models	T5		
	i-Control	Foot switch	Hydraulic
Features and options			
Linear cushion finish	●	●	●
Classic upholstery	●	●	●
Width 67 cm	●	●	●
Manual head section	●	●	●
Manual lumbar flexion	●	●	●
Manual back section	●	●	●
“One-Click” arm supports incl. Ergomax	●	●	●
Lateral supports			
Safety switch	●	●	
Face opening incl. Ergomax			
Wheels	○	○	○
Motorized lumbar flexion	○	○	
Motorized back section	○	○	
Width 60 cm			
Width 77 cm			
Progressive cushion finish	○	○	○
Premium upholstery	○	○	○
Cushion heating	○	○	
Safe Motion Detection	○	○	
LED pack	○	○	
Memory	○	○	
Battery	○	○	



The flexibility to design my gymna.PRO

In my practice, I mostly treat female patients with pelvic floor problems.

Although very common, these problems are not that easy to talk about and women are often tense when they arrive for treatment. This tension can negatively influence my treatment.

AS A PROFESSIONAL, I WANT TO DO EVERYTHING IN MY POWER TO HELP THEM FEEL AT EASE.

Part of that is for my practice to look trustworthy and comfortable, yet still professional. I gave a lot of attention to the interior design and wanted my treatment table, to be an integrated part of my practice. The table should offer all the options necessary for me to perform the professional treatment I strive for.

I chose gymna.PRO for its quality and flexibility; with all its options, I have created my own unique treatment table.

I was able to combine the incomparable Gymna stability with the soft and seamless Ergomax face support and the unique wireless heating system. My patients appreciate the comfort of my gymna.PRO and they instantly feel a reduction of tension.

“With the quality and flexibility of gymna.PRO I can reach the results I need for my patients”



This is how I configured my gymna.PRO

4-section models	Q8	
Features and options	i-Control	Foot switch
Linear cushion finish	●	●
Classic upholstery	●	●
Width 67 cm	●	●
Manual head section	●	●
Manual lower leg section	●	●
Motorized back section	●	●
Motorized sitting section	●	●
“One-Click” arm supports incl. Ergomax	●	●
Lateral supports	●	●
Safety switch	●	●
Face opening incl. Ergomax		
Wheels	○	○
Width 60 cm		
Width 77 cm		
Progressive cushion finish	○	○
Premium upholstery	○	○
Cushion heating	○	○
Safe Motion Detection	○	○
LED pack	○	○
Memory	○	○
Battery	○	○

gymna.PRO *Premium Essentials*

gymna.PRO combines Gymna's years of experience developing treatment tables with the experience of professional daily users. These professional physical therapists need a series of functionalities to provide the right therapy.

Gymna recognises this and has focused its efforts on improving these functionalities. This has resulted in a series of PREMIUM ESSENTIALS.

WITH PREMIUM ESSENTIALS, GYMNA TAKES PROFESSIONALISM TO A WHOLE NEW LEVEL

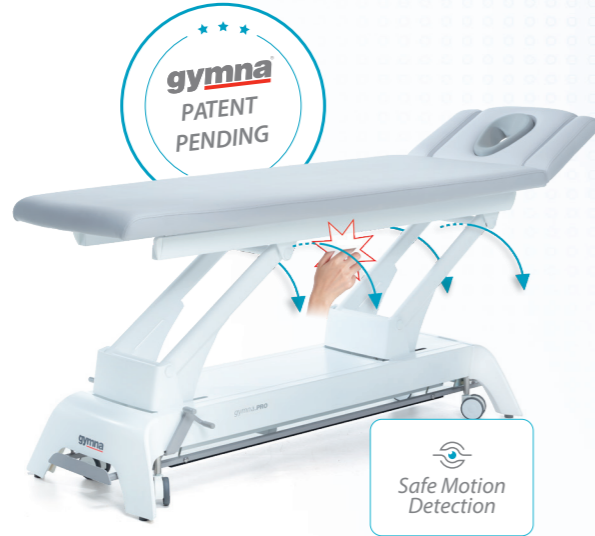
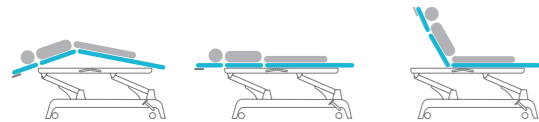


Premium Essentials



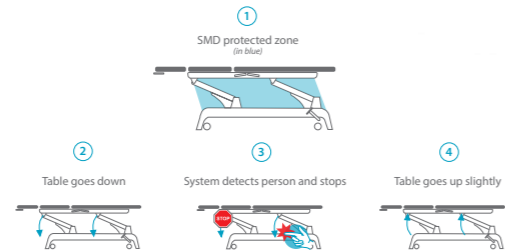
Constant Patient Position

Prevents cumbersome rotation
3- section table allows lying, sitting and kyphose position with no need to rotate the patient. Improves hygiene, as feet do not rest on the head section of the 3- section table.



Safe Motion Detection

Fully automatic safety system
Designed to limit the risk of people being trapped inside the height adjustment mechanism of the table.



Arm supports

“One-Click” system for easy operation
Both supports are lowered simultaneously and slightly tilted for a more relaxed cervical and shoulder region in prone position.



Gymna Stability Profile

Minimum flex and movement under load
Stiff and sturdy construction. Manipulation force keeps same intensity without loss of energy during treatment.



Ergomax

Maximize comfort and hygiene
Designed with a heart-shaped opening that leaves eyes and mouth free. The Ergomax face support is soft, seamless, waterproof and washable. Two-sided to accommodate shorter and taller patients.



Lateral supports

Allowing even more freedom of movement for the therapist
These supports make it possible to maintain an ideal working position, close to the patient, without stress on the shoulders or back.

Premium Essentials



i-Control

Intelligent foot-operated height adjustment system

For easy, accurate and safe height adjustment, from anywhere around the table. Two operation modes, for continuous and pulsed adjustments.

Programmable memory

Easy and efficient automatic height adjustment up to 3 preferred settings.



Extra motors

Effortless setting

The gymna.PRO can be equipped with extra motors. To adjust the cushions, simply push a button. The extra motors provide comfort to the therapist and to the patient, who can remain totally relaxed.



Battery

Enhances ambulant use of gymna.PRO

Fully integrated in the frame with a plug-in detachable cable. The battery will charge when the table is plugged in again.



Remote cushion heating

Two heating pads inside cushions

Produce a comfortable level of warmth for the patient's well-being and for an enjoyable working environment for the therapist. Gymna cushion heating is MDD approved.



LED pack

Creating a pleasant atmosphere in practice

The led pack creates a pleasant and atmospheric lighting under the frame and it provides functional support. Operated with a special IR remote control with an ON and Off button.



Cushions & finishes

Finish your table according to your taste and needs

Choose your preferred cushion density, colour, material and stitching, width and heating.

Classique (PVC)



Premium (Polyurethane)



gymna.PRO

Basic specifications

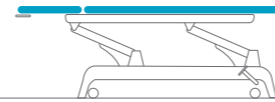
*gymna.PRO has been designed to give maximum flexibility and choice to the therapist:
10 possible configurations and even more options to create the gymna.PRO that suits your taste and needs best.*

Technical specifications

Dimensions	206 x 67 cm
Weight	± 95 – 110 kg (model depending)
Height adjustment	± 47 – 97 cm
Lifting capacity	max. 200 kg
Mains voltage	100 - 240 VAC, 50 - 60 Hz
Power consumption	max. 3,0 A (model depending)
Insulation class	II
Device classification	I
Applied parts	Type BF
Humidity proof	IP21
Motor usage	max. 2 minutes on / 18 minutes off
Conformity	IEC/EN 60601-1 IEC/EN 60601-1-2 EC directives 2017/745 (MDR) 2012/19/EC 2011/65/EU



2-section models



Features and options

Linear cushion finish	●	●	●	●	●	●	●	●	●	●	●
Classique upholstery	●	●	●	●	●	●	●	●	●	●	●
Width 67 cm	●	●	●	●	●	●	●	●	●	●	●
Manual head section				●	●	●					
«One-Click» arm supports incl. Ergomax							●	●	●		
Lateral supports										●	●
Manual back section	●	●	●								
Safety switch	●	●		●	●					●	●
Face opening incl Ergomax	○	○	○	○	○	○					
Wheels	○	○	○	○	○	○	○	○	○	○	○
Width 60 cm	○	○	○	○	○	○					
Width 77 cm	○	○	○	○	○	○					
Progressive cushion finish	○	○	○	○	○	○	○	○	○	○	○
Premium upholstery	○	○	○	○	○	○	○	○	○	○	○
Cushion heating*	○	○		○	○		○	○		○	○
Safe Motion Detection	○	○		○	○		○	○		○	○
LED pack	○	○		○	○		○	○		○	○
Memory**	○	○		○	○		○	○		○	○
Battery	○	○		○	○		○	○		○	○

D1

D2

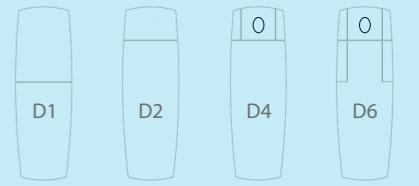
D4

D6

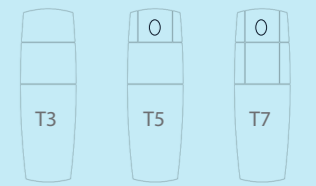
	i-Control	Foot switch	Hydraulic	i-Control	Foot switch	Hydraulic	i-Control	Foot switch	Hydraulic	i-Control	Foot switch	Hydraulic
Linear cushion finish	●	●	●	●	●	●	●	●	●	●	●	●
Classique upholstery	●	●	●	●	●	●	●	●	●	●	●	●
Width 67 cm	●	●	●	●	●	●	●	●	●	●	●	●
Manual head section				●	●	●						
«One-Click» arm supports incl. Ergomax							●	●	●			
Lateral supports										●	●	●
Manual back section	●	●	●									
Safety switch	●	●		●	●		●	●		●	●	
Face opening incl Ergomax	○	○	○	○	○	○						
Wheels	○	○	○	○	○	○	○	○	○	○	○	○
Width 60 cm	○	○	○	○	○	○						
Width 77 cm	○	○	○	○	○	○						
Progressive cushion finish	○	○	○	○	○	○	○	○	○	○	○	○
Premium upholstery	○	○	○	○	○	○	○	○	○	○	○	○
Cushion heating*	○	○		○	○		○	○		○	○	
Safe Motion Detection	○	○		○	○		○	○		○	○	
LED pack	○	○		○	○		○	○		○	○	
Memory**	○	○		○	○		○	○		○	○	
Battery	○	○		○	○		○	○		○	○	

10 Configurations possible

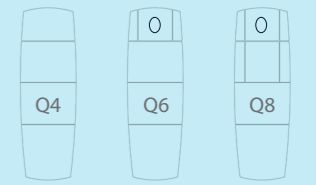
2-section models



3-section models

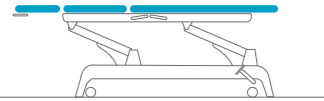


4-section models



- Standard feature
- Optional feature
- * Cushion heating in combination with Progressive finish only
- ** Memory always in combination with Gymna SMD

3-section models



Features and options

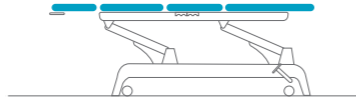
	T3			T5			T7		
	i-Control	Foot switch	Hydraulic	i-Control	Foot switch	Hydraulic	i-Control	Foot switch	Hydraulic
Linear cushion finish	●	●	●	●	●	●	●	●	●
Classique upholstery	●	●	●	●	●	●	●	●	●
Width 67 cm	●	●	●	●	●	●	●	●	●
Manual head section	●	●	●	●	●	●	●	●	●
Manual lumbar flexion***	●	●	●	●	●	●	●	●	●
Manual back section	●	●	●	●	●	●	●	●	●
«One-Click» arm supports incl. Ergomax				●	●	●	●	●	●
Lateral supports							●	●	●
Safety switch	●	●		●	●		●	●	
Face opening incl. Ergomax	○	○	○						
Wheels	○	○	○	○	○	○	○	○	○
Motorized lumbar flexion	○	○		○	○		○	○	
Motorized back section	○	○		○	○		○	○	
Width 60 cm	○	○	○						
Width 77 cm	○	○	○						
Progressive cushion finish	○	○	○	○	○	○	○	○	○
Premium upholstery	○	○	○	○	○	○	○	○	○
Cushion heating *	○	○		○	○		○	○	
Safe Motion Detection	○	○		○	○		○	○	
LED pack	○	○		○	○		○	○	
Memory **	○	○		○	○		○	○	
Battery	○	○		○	○		○	○	

● Standard feature
○ Optional feature

* Cushion heating in combination with Progressive finish only
** Memory always in combination with Gymna SMD

*** Model available without flexion also

4-section models



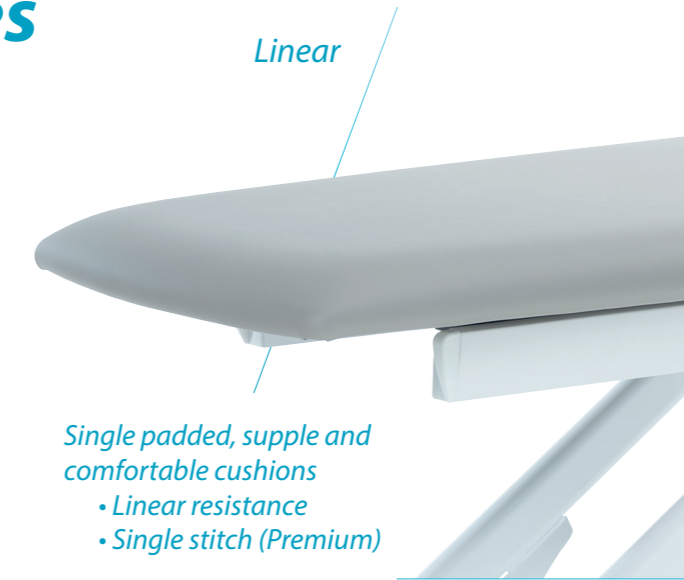
Features and options

	Q4		Q6		Q8	
	i-Control	Foot switch	i-Control	Foot switch	i-Control	Foot switch
Linear cushion finish	●	●	●	●	●	●
Classique upholstery	●	●	●	●	●	●
Width 67 cm	●	●	●	●	●	●
Manual head section	●	●	●	●	●	●
Manual lower leg section	●	●	●	●	●	●
Motorized back section	●	●	●	●	●	●
Motorized sitting section	●	●	●	●	●	●
«One-Click» arm supports incl. Ergomax			●	●	●	●
Lateral supports					●	●
Safety switch	●	●	●	●	●	●
Face opening incl. Ergomax	○	○				
Wheels	○	○	○	○	○	○
Width 60 cm	○	○				
Width 77 cm	○	○				
Progressive cushion finish	○	○	○	○	○	○
Premium upholstery	○	○	○	○	○	○
Cushion heating *	○	○	○	○	○	○
Safe Motion Detection	○	○	○	○	○	○
LED pack	○	○	○	○	○	○
Memory **	○	○	○	○	○	○
Battery	○	○	○	○	○	○

Cushions & finishes

Finish your table to your taste and needs

Choose your preferred cushion density, colour, material and stitching, width and heating.



Choose your colour and material

The cushions are covered with high quality phthalate-free and biocompatible material. Select Premium quality for a leather-like look and feel.

Classique (PVC)



Warranty Classique upholstery: 1 year

Premium (Polyurethane)



Warranty Premium upholstery: 3 years

Cryotherapy



TECAR & Diathermy



Shockwave Therapy



Physio Care



Treatment Tables



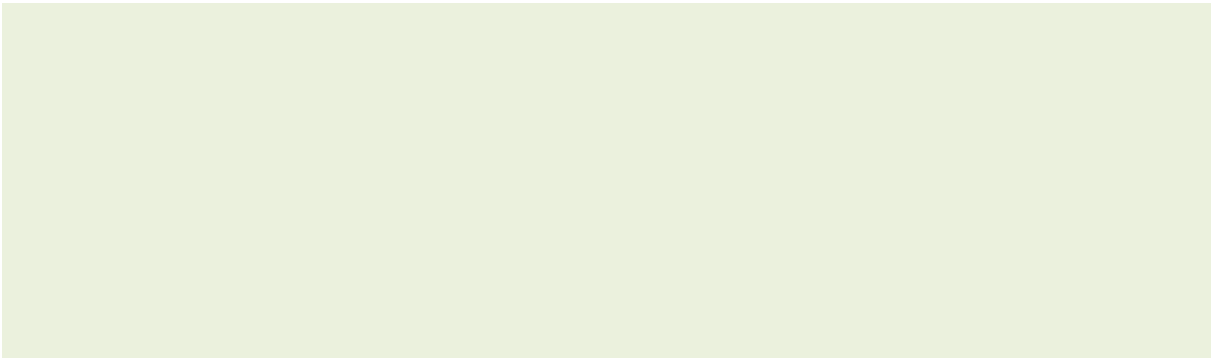
Electrotherapy



Active Motion



Your dealer



gymna.com

gymna[®]

GymnaUniphy NV Pasweg 6A | B-3740 Bilzen, Belgium

Tel: +32 (0)89 510 510 | Fax: +32 (0)89 510 511